## Join a training in ACTIVE HOPE

Community- and Nature based practices for Regenerative Culture

July 5-9

Do you care about the world and worry where it is going? Do you want to reconnect with yourself, others and the living world around you and explore practices that help you grow an inspired resilience in these confusing times?

In the Active Hope training, we will explore our relationship with the living world as a foundation for sustainability.

We meet the forest, we play, share experiences and our worries, we open our senses, discover different ways of seeing our surroundings and try to find wisdom to set forth in this crazy world.

Register here!

or check

https://www.kalapa.nu/active-hope-training



















## WHAT IS THE ACTIVE HOPE TRAINING?

## SUMMER CAMP!

Community- and Nature based practices for Regenerative Culture

The Active Hope training is an intensive 4-day outdoor experience where we explore our relationship to the living world, laying a foundation for sustainability. We use many practices from The Work That Reconnects, developed by Buddhist scholar, eco-philosopher and activist Joanna Macy. This work aims to reignite a thriving connection to life in ourselves, with others and the non-human world, fully experiencing the beauty and wonder of nature but also fully acknowledging how we feel about loss and decay.

At the heart of the Active Hope training is the belief that difficult emotions and pain can be transformed into active hope, and are thus essential for resilience. Through a variety of nature-based and community-focused practices, you will learn to take these lessons further in your personal and professional life to activate hope wherever you go.

During this long weekend we camp at ecovillage Ppauw in Wageningen from where we can explore the surrounding of nature and find a home to live as a temporary community. Ecovillage Ppauw is a special place where a diverse group of people practice alternative ways of inhabiting this planet.

